



Only use
if necessary.
Wear a smile
normally.

Machop's
glare.

Be nice and courteous to
others. But not a doormat.
Know when to take a joke
and when to draw the line.

If you don't stand up for
yourself, no one will.

STEP FOUR: Get good grades.

You need to be successful in life so no one can mess with you.

Change the mentality
of "I suck, I can't"
to "I can." Positive
self-talk does wonders.



Test, I'mma
ruin you so hard
and make you
my bitch.

I'll be on
easy with
my bitches
while they
rotter a 5 to 5.

STEP TWO. Walk like a boss.

Head up
shoulder back,
Chest up

Stride with
purpose

Smile.

Roar

Roar?
maybe

Walk like you're
guarded by ferocious
widerboys. They
are ferocious just
okay?

STEP THREE. Develop your best "Don't off with me, booches." line

Trust me, no one picks on a confident person.
Others will be drawn to you, in a good way.

**Boost your self-esteem with
a skill you excel at.**

Art, music, chess, running,
dancing, communication,
math, gym, etc. Whatever it
may be. Do it.

Be confident,
Be assertive,
Be decisive. Don't
like something about
yourself, change it.
Or change your mind!

Fake CONFIDENCE

until you feel it.

My pseudo is
GASU(ZIN) not
because I believe
I am amazing.
But I strive to be
probably that.



DEFEND YOURSELF AGAINST BULLYING



STEP ONE Travel in a pack.
It is easier to pick on a lone wolf than a pack of sheep.
You're less likely to be targeted if others you're with compare you.

Find comrades who truly accept you for who you are. Keep them around.



Together alone



Stay calm and level headed at all time. "How others treat you is their karma. How you react is yours."
Don't let the cruel world alter the nice person you truly are.
The best revenge really is being as happy and successful as you can be.
Good luck out there, humans. Snail out.

SNAILORDS



LINE Webtoon
www.webtoons.com

Eventually,
I'll have Italian
scrubbing my
toilet.

job. Bang-

INTERVIEW Take some self-defense courses

Your inner security
is knowing you
CAN and WILL
protect yourself
helps you carry
yourself in a way
that does not make
you an instant
target for bullies.

Can someone mess
with me today so I
can take my anger out
on them?

No one
will
mess with
this
creature

CONCLUSION More important: Confidence

Snaiogy

How to

DEFEAT

